

# BIOLINE JATÒ



BODY CONCEPT

Feel good look good

**Professional Manual** 







# **BODY CARE**

THE BODY IS INTIMATELY CONNECTED TO THE EMOTIONAL SPHERE WHICH IS WHAT MAKES OUR RELATIONSHIP WITH OUR BODIES SO COMPLEX AND DELICATE.

The knowledge, that learning to listen to our body's needs helps us to gain a better understanding of ourselves and thus live better, is a recent success with a constantly changing balance that is difficult to attain

The way our body functions changes frequently, sometimes even rapidly, bringing about significant changes.

A calm relationship with your own body is hard, however to achieve.

It takes time and above all, it requires commitment, the ability to feel good in your own skin.

The sensory sensations and physical stimulations that are perceived during a treatment touch our most intimate sphere. Letting go and putting yourself in the hands of another person is for many people a small psychological step to take.

So, taking care of your body is a multifaceted task that, above and beyond any aesthetic problems, requires a significant emotional investment.

This takes time and, quite understandably, passes through different stages: at times, the determination to combat imperfections and strive for physical beauty is strong while, at other times, the desire to enjoy an immediate sense of emotional well-being prevails.

There is no real boundary between the two spheres. The physical and emotional dynamics are intertwined and influence each other.

They both play an active part in stimulating the body's reaction to the treatment and, therefore, in reaching a result. They are two sides of the same coin, two equally important elements for which Bioline Jatò guarantees the same respect, care and quality of service.

This holistic vision of the themes linked to body care is at the base of the structure and philosophy of the Body Concept line.

New balances are embraced: the arena for pooling knowledge between Bioline Jatò and professional skin care specialists is extended while more space is given to the dialogue between beauticians and customers and to the research into solutions that are better suited to everyone.

Skin care specialists can combine the knowledge, innovation and methods of Bioline Jatò with their own perceptions and experience.

They can benefit from the wide range of professional and home care products on offer, which combine functionality and sensoriality, to provide personalised and versatile solutions.

SKILLANDEMPATHY, SENSITIVITY AND PROFESSIONALISM CONTRIBUTE IN EQUAL MEASURE TO COMPLETING THE VIRTUOUS CIRCLE OF FEELING THE BODY, BEAUTY AND WELLBEING.

# Feel good, look good







OOK GOOD

# Physiological Changes Study of Body Imperfections

Body imperfections - fat deposits, "orange peel" skin, ageing and sagging skin - are the result of physiological changes which can be seen at skin level, but often have repercussions on a physical and physiological level too, with a negative impact on the individual's overall state of well-being.

There are several causes and a whole host of factors involved and they can appear on various parts of the body at different periods in our lives. The problem is very widespread, affecting over 90% of women from puberty onwards

More than one type and form of a variety of imperfections can be present at the same time in the same person which require different specific actions in addition to an on-going treatment path.

BIOLINE HAS ALWAYS FOCUSED ITS RESEARCH ON THE PHYSIOLOGICAL MECHANISMS BECAUSE THE CORRECT ANALYSIS OF IMPERFECTIONS IS AT THE BASE OF ANY SUCCESSFUL BEAUTY TREATMENT.



# WATER RETENTION AND CELLULITE

Cellulite is a very widespread functional alteration which is caused by water retention.

There are many causes including diet and incorrect life style, hormonal imbalance, hereditary factors, as well as posture and clothing, which lead to a change in blood and lymph circulation, causing liquids to stagnate in the dermis.

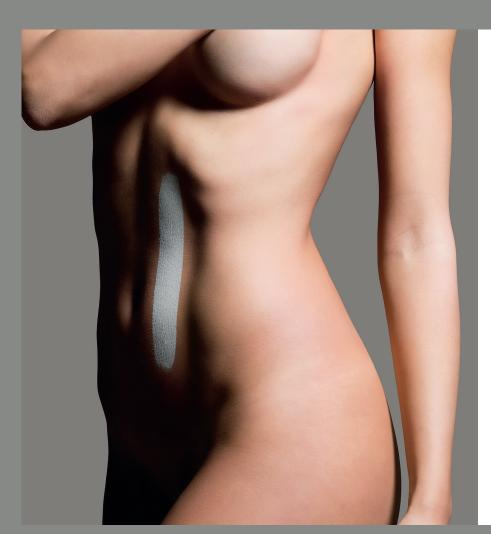
This initial stage manifests itself with swelling of the skin around the ankles, shins, thighs and arms.

The accumulation of excess liquid may be a temporary phenomenon or become chronic and affect the underlying adipose tissue.

Because of liquids penetrating the tissue, the adipose cells which store fat are altered and can no longer perform their normal function.

Small adipose nodules can be felt and the surface of the skin takes on the typical "orange peel" look.





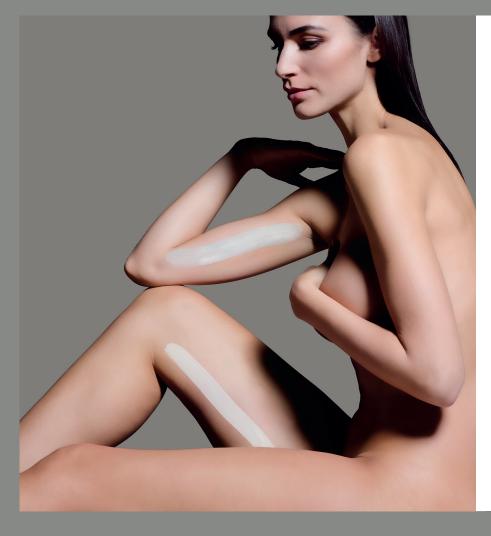
# LOCALISED FAT DEPOSITS

Localised fat deposits mean the presence of an accumulation of adipose tissue in specific parts of the body.

It is characterised by an increase in volume and in the number of adipose cells without altering the structure or function of the skin tissue, however. Both the dermis and the epidermis retain their characteristics with no changes to local microcirculation, no pitting, pain or skin alterations.

Unlike cellulite, this is a localised increase in the "healthy" adipose tissue, which has a smooth appearance and may increase or decrease based mainly on energy intake.

In women, the fatty mass is generally concentrated around the hips, buttocks and thighs whereas, in men, it affects the abdomen.



# SKIN SLACKENING AND AGEING

The first visible signs of ageing skin appear on the outer surface of the skin (epidermis).

The natural slowing down in epidermal turnover and the decrease in the production of lipids causes dryness and rough skin.

The skin, which is more susceptible to environmental factors, no longer functions as a protective barrier and is marked by wrinkles, becomes thin and loses tone.

In the layer immediately below (dermis), the ageing process - just like fad diets and excessive exposure to the sun - affects two proteins which normally support the skin: elastin and collagen.

The degeneration and decrease in these protein fibres are behind the loss of firmness and elasticity.

The areas of the body commonly affected are the inner thigh and arms, the abdomen, buttocks and breasts.



# Functional Complexes

# THE INNOVATION OF FORMULATION STRATEGY

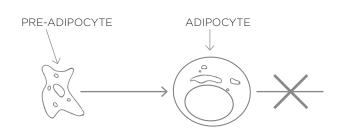
The efficiency of Bioline Jatò treatments is primarily due to the ongoing biotechnological research and the strong focus on innovation that has been the hallmark of the company's laboratories for over thirty years.

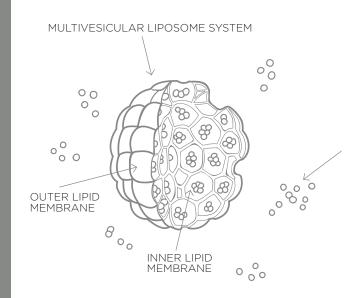
The expertise acquired in planning and developing cosmetic solutions can be seen in the exclusive solutions from various aspects: in the selection of superior functional substances, in the combination with versatile complexes and in the use of the best methods of penetration and release times.

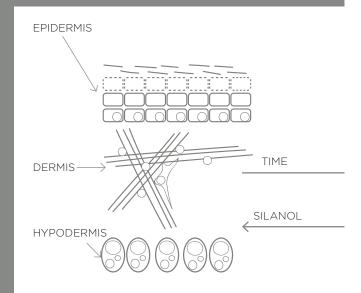
The formulas of the Body Concept line also include these extremely innovative features which have been developed for the three main problems linked to getting back in shape: reduce the look of the blemishes caused by cellulite, localized fatty deposits and sagging skin.

Exclusive active ingredients respond to these demands with the added value of being both selective and multi-functional.

The heart of the formulations - Cell-reverse Seaweed, Liporeducer Complex and Pro-elasticity Complex - is the component which allows them to have an intensive, selective action while a comprehensive range of adjuvants enhance performance and widen their functionality.

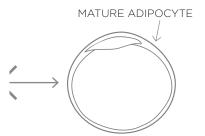








# **BLU TECHNOLOGY AND CELL-REVERSE SEAWEED**

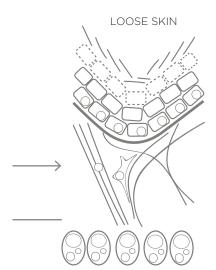


Marine-origin functional substances have always played a very important role in cosmetic research thanks to their high concentration, sustainability and effectiveness. In this case, the special Mediterranean brown algae, Sphacelaria scoparia extract, is specifically targeted to the imperfections of cellulite and water retention.

# LIPOREDUCER COMPLEX



The Liporeducer Complex features the use of an extremely advanced delivery method for active ingredients. This is an innovative "liposomal system": i.e. it exploits the aqueous cavity of multivesicular liposomes to capture water-soluble functional substances inside them which, in this way, are able to act at a deeper cutaneous level for maximum effect. In the specific case, the combination of active ingredients (caffeine, carnitine, extract of butcher's-broom and ivy, escin, tea-hydroiodide and tripeptide-1), exploits the excellent penetration and prolonged release targeted to imperfections caused by localised fat deposits.



# PRO-ELASTICITY COMPLEX

One of the main phenomena associated with the visible signs of skin ageing, such as sagging skin, the loss of elasticity and firmness, is the progressive loss of organic silicon in the skin. To combat this process, biotechnological research has developed "silanols": biologically active substances which contain silicon in organic molecules (Silanol Technology).

Pro-Elasticity Complex combines the high affinity of silanols with the skin and the effective action of hydroxyproline, an amino acid precursor of the synthesis of collagen. This innovative balanced formulation allows both active ingredients to offer the best strategy to donate elasticity and a firmer look.



# **Body Concept** Professional Products

# WELCOME STAGE

# SKIN RENEWAL STAGE exfoliants

# **ACTIVE STAGE**

the concentrates

# **APPLICATION STAGE**

# **COMPLETION STAGE**

massaging products





This does not mean that just one activity cannot be a valid step in tackling the imperfection and conveying a feeling of beauty and well-being.

THE FORMULATION OF BIOLINE JATÒ PRODUCTS ENSURES THEIR EFFECTIVENESS AT EVERY STAGE SO, THEY CAN BE SELECTED AND IMPLEMENTED, BASED ON A PERSONAL PLAN, BY STRUCTURING AN ALL-ROUND "TAILORED" TREATMENT.

The Body Concept collection is organised by product categories that follow this philosophy. A structure that makes it easy and fast to combine the different elements to satisfy both the aesthetic requirements of customers and, no less important, their requests in terms of preferences, time, and mood.





# Bioaromas THE ESSENCE OF WELL-BEING

Welcoming means, first and foremost, taking an interest in the customer's physical and emotional requirements: paying attention, taking into consideration any requests they may have and putting them at ease is essential for the success of the treatments.

We recommend performing a short ritual that relaxes and creates the ideal sensation to best prepare the customer physically and mentally.

Bioline Jatò Laboratories have developed balanced blends of high efficiency essential oils which, also in combination with the steps of the BODY BEAUTY EXPERIENCES, reinforce the impression you want to convey through active ingredients and scents.

# **BIOAROMA**

RELAXING EQL OIL

patchouli / chamomile / sandalwood / ylang ylang / white thyme 30 ml - 1,0 fl. oz US

This blend of precious essential oils releases a fragrance that relaxes and distends, freeing the body from tension and restoring harmony and well-being.

# Recommended:

- for all skin types
- combined with Face and Body Beauty Experience - Relaxing Touch to prepare the body for subsequent treatments
- for performing DTM (Deep Tissue Mobilization) massages

**How to use it:** apply a few drop on the areas most prone to tension.

# **BIOAROMA**

**ENERGY DRN OIL** 

orange / lemon / niaouli / white thyme 30 ml - 1,0 fl. oz US

This concentrate of natural essences normalizes and purifies the skin, for a regenerating, stimulating sensation.

### Recommended:

- for dull, devitalized skin
- combined with Face and Body Beauty Experience - Draining Touch to facilitate massage draining action and restore vitality and energy
- for performing a DTM (Deep Tissue Mobilization) massage and a DDM (Deep Draining Massage).

**How to use it:** apply a few drops to the area around the lymph nodes and on the areas with greatest water retention.





# **BIOAROMA**

NORMALIZING DTX OIL juniper / sage / lemon / tuya 30 ml - 1,0 fl. oz US

An extraordinary concentration of essences, specifically designed for skin normalization and oxygenation. For a bright and even skin.

# Recommended:

- for impure and asphyxiated skin
- for performing DTM (Deep Tissue Mobilization) massages

**How to use it:** apply a few drops on the areas with blemishes caused by cellulite or fatty deposits.

# **BIOAROMA**

SOFTENING DEC OIL

lavender / chamomile / lemon balm / sandalwood 30 ml - 1,0 fl. oz US

An invaluable combination of aromatic essences with softening properties soothes, hydrates and improves elasticity by reinforcing cutaneous tissues.

# Recommended:

- for sensitive and toneless skin, prone to fragile capillaries
- for performing DTM (Deep Tissue Mobilization) massages

**How to use it:** apply a few drops to the most sensitive areas or those affected by loss of skin tone, such as buttocks, inner thigh and inner arms.

**Warnings:** Due to the intense aesthetic action, concentration and high level of permeation, the Bioaromas should be used sparingly, differentiating between application areas based on the imperfection. Do not apply to broken or weeping skin, during pregnancy and breast-feeding.



# Exfoliants RENEWING POWER

Exfoliation cleanses the skin deep down and has a visible renewing effect. Traditionally, it is a step which prepares the body for subsequent treatments by boosting skin renewal and therefore, by opening the way for the skin to receive the active ingredients more effectively. In the Body Concept proposal, the comprehensive formulation of the Scrub and Fluid mean that exfoliation can be considered a genuine detoxifying cosmetic treatment to reactivate cell turnover.

Both textures, which are very fine and delicately perfumed, exploit the beneficial properties of sea salts and fruit acids to ensure immediate softness and brightness.

### **EXFO MARINE**

SCRUB SALT CRYSTALS dead sea salts / centella extract / papaya extract 1000 g - 35,2 oz US

Formula with a rich oily gel texture which provides softness and wellbeing to the skin. Enriched with special salt crystals, it intensely renewes and brightenes the skin. An incomparable revitalizing effect for a smooth body, with minimized imperfections and roughness.

# Recommended:

- for thick skins with skin cell build-up
- before and after exposure to the sun
- as a mask for an enhanced detox effect (see **Exfo Marine treatment**)
- combined with Glyco Peel AHA Renewing Fluid to treat different parts of the body at the same time
- combined with Sculpt & Drn Bandage for an intensified action on the lower limbs (see Sculpt & Drn Premium treatment)

**How to use:** mix the product well before use. Then spread 30-35 g product evenly on the body and massage it for a few minutes, concentrating on the areas with most thickened skin (knees, elbows and heels). Rinse off with shower or sponges.







RENEWING FLUID glycolic acid / ferulic acid / mandelic acid 200 ml - 6,7 fl. oz. US

Special fluid peel, ideal for dull, matte, aged and relaxed skin. The high concentration of AHA smoothes and renewes the skin providing a radiant complexion. An intensive treatment, with a gel texture, that provides freshness and softness to the skin.

# Recommended:

- for exfoliating the more delicate parts of the body including the breasts, bikini and under-arm areas;
- for encouraging, aesthetically, the visible reduction of recently formed stretch marks;
- locally on hyperpigmented areas and/or with skin discolouration (see **Glyco Peel treatment**)
- on areas with skin slackening and/or stretch marks (see White Flower Wrap Premium treatment)
- combined with **Exfo Marine Scrub Salt Crystals** to treat different parts of the body at the same time.

**How to use:** using a brush or gloves, spread about 15-20 ml product evenly on the body, concentrating on areas with skin laxity and/or stretch marks. Let it work for 10 to 15 minutes, according to skin type. Remove the fluid with water, rinsing off with a sponge or with a shower.

**Warnings:** if you feel excessive and prolonged tingling or redness, stop applying the product and remove it immediately, rinsing off with abundant water.



# The Concentrates THE EXCELLENCE OF FORMULAS FOR INTENSE RESULTS

The application of functional substances in highly concentrated formulas is the quintessential "active" phase in a course of treatment

It is the point at which the effectiveness of the complexes comes to the fore, providing a shock treatment against physical imperfections

The Bioline Jatò serums - used singly or combined with others - have a targeted, decisive action on different problems: the effect is immediate and the benefit is prolonged.

WHEN COMBINED WITH BIOAROMAS, THEY CREATE INTENSE, PERSONALISED "DISTILLATES OF BEAUTY".









# **DRN ACTIVE**

# ANTI-WATER CONCENTRATE

cell-reverse seaweed / escin / caffeine / lemon extract 100 ml - 3,3 fl. oz. US

Highly effective concentrated antiwater gel serum for the body. A complex of functional substances, which minimizes the appearance of orange peel skin and provides a feeling of instant lightness. The multi-action texture promotes tissue elasticity and helps to keep a smooth and compact look.

### Recommended:

- in the case of fragile skin, swelling and heaviness of the lower limbs even during pregnancy.
- combined with **Sculpt & Drn Bandage** for an intensified action on the lower limbs (see **Sculpt & Drn Bandage treatment**)

**How to use:** apply 10 ml product on the areas affected by cellulite. Complete with an air pressure massage or a pressotherapy session. The amphoteric formulation enables the product to be combined with aesthetic devices.

### LIPOACTIVE

# THERMOGENIC CONCENTRATE

liporeducer complex / green coffee extract / guarana extract / oleoresin capsicum

100 ml - 3,3 fl. oz. US

Intensive concentrated gel serum for the body with a warming effect. It reduces the appearance of blemishes caused by adiposity on abdomen, thighs and buttocks for a beautiful and harmonious body. A high-impact advanced formulation consisting of a complex of functional stimulating and thermogenic substances, which reduces the look of the imperfections that alter the body contours.

### Recommended:

• combined with **Sculpt & Drn Bandage** for an intensified action on the abdomen and buttocks (see **Sculpt & Lipo Bandage treatment**)

**How to use:** apply 10 ml product on the areas affected by fat deposits and by cellulite. Complete with an air pressure massage. The amphoteric formulation enables the product to be combined with aesthetic equipment.

Warnings: this product is hyperemic and may cause redness. Apply using gloves.

# **TONACTIVE**

# **ELASTICIZING CONCENTRATE**

pro-elasticity complex / vitamins A B3 C / ginseng extract / AGL dipeptide 100 ml - 3,3 fl. oz. US  $\,$ 

Emulsion that strengthens the tissues supporting the skin, hydrates, and nourishes the areas of the body that are most prone to skin laxity: the inner thighs, arms, breast and buttocks. Enhanced by innovative elasticizing ingredients, it helps to reduce the look of sagging skin providing softness to the body.

# Recommended:

• combined with the **Glyco Peel AHA Renewing Fluid**, to intensify the action of the treatment (see **White Flower Wrap Premium treatment**).

**How to use:** apply 10 ml product on the body and massage it until completely absorbed.



# Wraps and Bandaging sensoriality for reshaping

Time is an important variable and many active ingredients need time to work properly. Treatments requiring prolonged application times guarantee the best release of functional substances, in addition to being an important moment for encouraging relaxation and instilling a sense of lightness and well-being. The Body Concept proposal provides a complete, all-round action thanks to three specific body wraps and multifunctional bandaging. The textures, which are pleasant to apply and receive, exploit the purifying properties of mineral clays, the osmotic power of marine extracts and the emollient action of vegetable oils.

# BIOLINE JATÒ ALGO DRN FANCO MARINO alghe brunes SEA MUD brown algae / sea salt / ruscus BOUE MARINE algues Drunes / seis marins / ruscus BODY CONCEPT 1000 g \( \oplus \) 35,2 oz

### **ALGO DRN**

SEA MUD

cell-reverse seaweed / brown algae extracts / sea salts / ruscus extract  $1000 \ g - 35,2 \ oz \ US$ 

An extraordinarily effective mud that targets the critical points of the body affected by imperfections caused by cellulite and water retention. The high osmotic exchange capability of the salts and the properties of the realeased functional substances in the mud help to minimize the appearance of orange peel skin.

### Recommended:

- combined with Sculpt & Drn Bandage for an intensified action of the lower limbs (see Thalasso Experience Premium treatment)
- with thermo-saunas to guarantee the exudation required for the treatment.

**How to use:** warm about 160 g product in a bain-marie, then add 15 ml hot water and mix them until the mixture becomes soft. Using the brush, apply it evenly on the lower limbs, abdomen and buttocks. If necessary, increase the quantity and apply on the whole body except for the breast. Seal with plastic sheeting and thermo sauna, let it work for around 20-25 minutes. Rinse off with shower.

**Warnings:** the mud can separate from water on its surface. Slight separation of the mud is natural and does not alter the product's properties. If this occurs, mix the product before use.

### **THERMOSHAPE**

**VOLCANIC MUD** 

liporeducer complex / volcanic sand / orange extract / ginger extract 1000 g - 35,2 oz US

An original formulation that combines the effectiveness of a mud with the texture of a cream. An intensive treatment that smoothes the skin, making it soft and supple. Innovative, functional, stimulating and thermogenic complexes reduce the appearance of the blemishes localized on the abdomen, hips, thighs and buttocks.

### Recommended:

- for treating localised fat deposits, in men as well
- for a delicate peeling.

**How to use:** warm about 100 g product in a bain-marie, apply using gloves on the lower limbs from the thighs to the knee, on the buttocks, abdomen and arms, then carry out a short massage. Close the plastic sheeting, cover it with a throw and let it work for about 20-25 minutes, then rinse off with sponges or shower.

**Warnings:** this product contains hyperemic substances which may cause a slight tingling, accompanied by a sensation of heat and redness, which disappears within a few minutes. The mud can separate from water on its surface. Slight separation of the mud is natural and does not alter the product's properties. If this occurs, mix the product before use.







### **TONE & SHINE**

# WHITE FLOWERS WRAP

sweet almond oil / orchid extract / lotus flower extract

1000 g - 35,2 oz US

Nourishing and revitalizing, this delightful body mask hydrates intensely and reduces the appearance of the signs of premature aging, providing to the body a smoother and younger look. The creamy and soft texture is easy to be massaged and gives genuine wellbeing.

# Recommended:

- for stimulating the production of collagen and elastin, and for firming the skin
- on areas lacking tone with cutaneous slackening (see White Flower Wrap Premium treatment).

**How to use:** warm about 70 g product in a bain-marie and apply it on the body, breast area included. Close the sheeting and let it work for 20-25 minutes. Massage the product until completely absorbed.

### **SCULPT & DRN**

### BANDAGE

cell-reverse seaweed / sea salts / birch extract / green coffee extract

3 single dose sachets of 250 ml with 2 bandages each sachet -  $3 \times 8,4 \text{ fl.}$  oz US

A comprehensive strategy to reduce the look of cellulite and fat deposits. The exclusive formula with a high concentration of salt together with the controlled compressive action of the bandage, enhance the effectiveness of the treatment. The bandages gradually release their high-quality functional substances in the tissues, promoting skin elasticity and firmness

# Recommended:

- for swelling and heaviness in the lower limbs for an immediate sensation of lightness and wellbeing.
- combined with Drn Active Anti-Water Concentrate (see Sculpt & Drn Bandage treatment) or Exfo Marine Scrub Salt Crystals for a more intense action on the lower limbs (see Sculpt & Drn Bandage Premium treatment).
- with Lipoactive Thermogenic Concentrate for a more intense action on fat accumulations (see Sculpt & Lipo Bandage treatment).

**How to use:** apply the bandages by wrapping them around the legs, starting from the foot up to the groin. Let it work for 15-20 minutes. For the treatment on the belly apply both wraps around the waist if necessary. Squeeze out the wraps before use.



# **Massaging Products**

# TO EMBRACE THE SENSES AND SEDUCE MIND AND BODY

The massage is an ancient form of care derived from one of the most natural gestures: the instinct to caress the body to alleviate a painful part, or to pamper and relax.

The massage, as part of a beauty treatment or as a separate moment, completes the effects of the active ingredients applied and enhances the sensory and emotional component.

The pleasant, beneficial sensation of a hands-on technique, combined with the formulation of dedicated products, produce a powerful stimulating action on skin tissue: the skin becomes tauter, body shape improves, and mental and physical well-being increase



# **DRN CELL**

OIL

escin / argan oil / ginkgo extract / grapeseed oil 500 ml - 16,9 fl.oz. US

A skillful combination of plant oils promotes tissue elasticity and helps to maintain a smoother skin reducing the look of imperfections caused by cellulite. This oil, with an ultra gliding texture provides softness and hydration to the skin.

# Recommended:

- for very dry, dehydrated skin
- for performing Bioline Jatò massages: Shaping, Jatòwell and DDM (Deep Draining Massage).

**How to use:** apply 10-15 ml product evenly on the body and carry out a massage specifically working on the imperfections.

### **LIPOSHAPE**

**CREAM** 

liporeducer complex / coffee oil / cinnamon extract / ivy extract

1000 g - 35,2 oz US

Enhanced formula rich in functional substances for a stimulating action which minimizes the look of imperfections related to localized fat deposits. A synergy of plant extracts and oils, which are valuable sources of vitamins and mineral salts, preserves the elasticity of the skin, improving its vitality.

### Recommended:

 for performing Bioline Jatò massages: Shaping, Jatòwell and DDM (Deep Draining Massage).

**How to use:** apply 20 g product evenly on the body and carry out a massage specifically working on the imperfections.





# **HYDRASOURCE**

**BODY LOTION** 

pro-elasticity complex / aloe extract / white lily extract / rice milk

1000 ml - 33.8 fl. oz. US

Formula with a fresh, gently-fragranced texture that nourishes and hydrates the skin intensely, keeping it supple, radiant and soft. Enriched with extracts recognized for their soothing benefits, it gently envelops the skin, assuring instant wellbeing.

### Recommended:

- for dull, sagging skin
- for performing Bioline Jatò massages: Shaping, Jatòwell, DDM (Deep Draining Massage) and DTM (Deep Tissue Mobilization)
- at the end of a hair removal session or after exposure to UV.

**How to use:** apply 20 ml product evenly on the body and carry out a massage specifically working on the imperfections or use to complete the professional body treatments.

# Bioline Jatò Massagges

The exclusive Bioline Jatò massages boost and complete the treatments, by acting on specific imperfections and the overall well-being of each individual

# **JATOWELL**

A holistic massage that draws on different manual techniques to act on a psychological level, on the nervous system and connective tissue.

It combines profound relaxation and a sense of overall well-being with an oxygenating and revitalising action on the skin tissues

# **SHAPING**

Sculpting massage that combines a variety of massotherapy techniques focusing on profound, fluid, gliding strokes.

It facilitates drainage and the release of muscular tension while intensely toning the skin tissue to redefine the body shape.

# DTM Deep Tissue Mobilization

Stress-relieving massage that works in depth on the connective tissues of the lower limbs where most imperfections linked to water retention occur.

It improves the elasticity of the tissue encourages a significant reduction in lymphatic stagnation and stimulates micro-circulation.

# DDM Deep Draining Massage

A deep draining body massage with a detoxifying aesthetic action.

It focuses on deep, broad movements which stimulate the flow of liquids and helps to eliminate waste products and toxins.

lt improves the consistency and suppleness of tissue, as well as alleviating the sense of heaviness in limbs.



# Professional Treatments

# **TESTED BY BIOLINE-JATÒ**

Bioline Jatò specialists have become interpreters for the needs of the body and have developed a significant range of treatments in order to counteract the most common blemishes efficiently and effectively. Beauty experts can rely on these procedures as high-performance protocols as well as consider them flawless model-guides to develop fully customized proposals. The PREMIUM options offer a more intensive intervention towards stubborn and difficult blemishes.

# **EXFOLIATING**TREATMENTS

# **EXFO MARINE**

salt crystal scrub

### **GLYCO PEEL**

renewing peeling with fruit acids

# SPECIFIC BLEMISHES TREATMENTS

# THALASSO EXPERIENCE

blemishes caused by cellulite and water

### **VOLCANIC SOUL**

blemishes caused by localized adiposity

# WHITE FLOWERS WRAP

blemishes caused by sagging and aged skin

# THALASSO EXPERIENCE PREMIUM

double action treatment targeted to blemishes caused by cellulite and water retention

### WHITE FLOWERS WRAP PREMIUM

double action treatment targeted to blemishes caused by sagging and aged skin

# LOCALIZED TREATMENTS

# **SCULPT & LIPO BANDAGE**

abdomen, thighs and bottocks

# SCULPT & DRN BANDAGE

legs

# **SCULPT & DRN BANDAGE PREMIUM**

2 in 1 premium legs bandage



# 1 Exfoliating Treatments

# **EXFO MARINE GLYCO PEEL** renewing peeling with fruit acids **BODY BEAUTY EXPERIENCE** BODY BEAUTY EXPERIENCE Relaxing and Draining touch with bioaroma Relaxing and Draining touch without relaxing EQL OIL and energy DRN OIL bioaroma exfo marine glyco peel AHA SCRUB SALT CRYSTALS RENEWING FLUID drn active Anti-Water Concentrate - lipoactive Thermogenic Concentrate - tonactive ELASTICIZING CONCENTRATE choose according to the blemish

**drn cell** OIL - **liposhape** CREAM - **hydrasource** BODY LOTION choose according to the blemish

BODY BEAUTY EXPERIENCE Firming touch



# Specific Blemishes Treatments

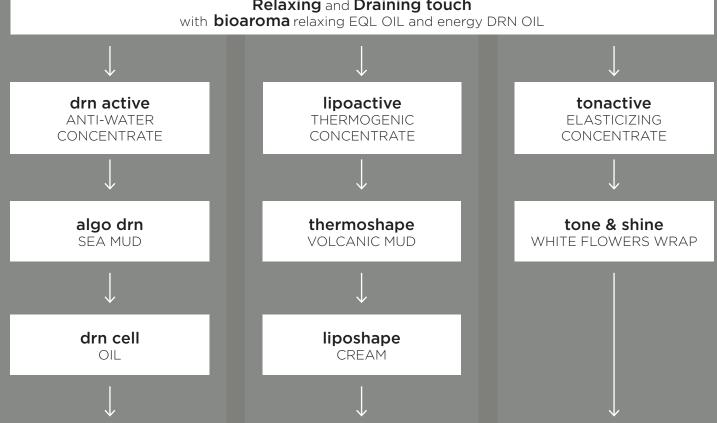
# **THALASSO EXPERIENCE**

# **VOLCANIC SOUL**

# WHITE FLOWERS **WRAP**

# BODY BEAUTY EXPERIENCE

# Relaxing and Draining touch



**BODY BEAUTY EXPERIENCE** Firming touch



# THALASSO EXPERIENCE PREMIUM

double action treatment targeted to blemishes caused by cellulite and water retention

# WHITE FLOWERS WRAP PREMIUM

double action treatment targeted to blemishes

BODY BEAUTY EXPERIENCE BODY BEAUTY EXPERIENCE Relaxing e Draining touch without Relaxing and Draining touch with bioaroma **bioaroma** relaxing EQL OIL and energy DRN OIL glyco peel AHA RENEWING FLUID drn active tonactive ANTI-WATER CONCENTRATE **ELASTICIZING CONCENTRATE** algo drn tone & shine SEA MUD WHITE FLOWERS WRAP sculpt & drn BANDAGE drn cell OIL

BODY BEAUTY EXPERIENCE Firming touch



# 5 <u>Localized Treatments</u>

# SCULPT & LIPO BANDAGE

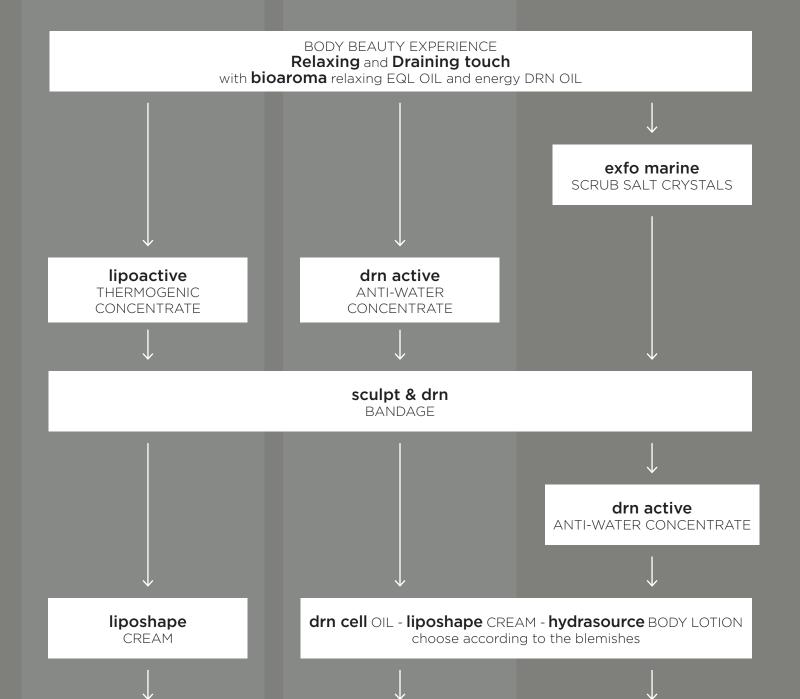
abdomen, thighs and bottocks

SCULPT & DRN BANDAGE

امما

SCULPT & DRN BANDAGE PREMIUM

2 in 1 premium leas bandage



BODY BEAUTY EXPERIENCE Firming touch





# The Course of Treatments STEPS AND FREQUENCY

The individual sessions make up a medium-long term course of treatments which allows you to work as effectively as possible on the imperfections while helping the customer take care of her psychologica and physical well-being all year round.

The starting point is always a targeted consultation which studies the imperfections and establishes a programme that respects the customer's physiology and personal requirements.

For any type of aesthetic skin change, the best sequence of massage and treatments includes the following steps:

# **EXFOLIATE**

# DETOX

# REMODEL

# **TONE**

with regard to the frequency of the treatments, after an initial preparatory session (exfoliation/detox), frequent sessions are recommended within a period of 2-3 weeks. This so-called impact phase that, thanks to the concentration of functional substances in a short period, reduces the skin's blemishes by triggering a strong and visible action on the imperfection.

One or more reinforcement sessions should follow, aimed at creating a "functional memory" which the body calls upon to keep active the processes that have been triggered. When the desired result has been achieved, the maintenance sessions can be farther apart and more personalized. The body has been rebalanced, so it merely becomes a question of maintaining the effect over time on a regular basis.

A PROFESSIONAL AND PERSONALISED COURSE OF TREATMENT,
A BALANCED DIET, A HEALTHY LIFE-STYLE AND THE CONSTANT
USE OF THE MOST SUITABLE HOME-CARE PRODUCTS, GUARANTEE
NATURAL, VISIBLE AND LONG-LASTING RESULTS.



# Body Beauty Experience

The BODY BEAUTY EXPERIENCE consists of specific manual sequences which mark the beginning and end of each treatment. Since they have always been an integral part of the Bioline method, they have been renewed in line with the development of the Body Concept line to reinforce the sensory experience, in particular, and their ease of use.

Thus, the repetition of the methods has not only a specific aesthetic function, but above all, creates a ritual which gives the body and mind the guaranteed benefits of a complete, instantly recognisable "beauty and well-being experience" by Bioline Jatò.

# **RELAXING TOUCH**

Relaxing, stress-relieving strokes aimed at releasing tension, oxygenating the tissues and making the customer feel completely relaxed. In conjunction with BIOAROMA relaxing EQL OIL (unless otherwise indicated)

# **ON STARTING**

# **DRAINING TOUCH**

Light, rhythmic draining massage helps the flow of the lymphatic fluid and detoxifies the tissues. The skin is then ready to benefit from the active ingredients.

In conjunction with BIOAROMA energy DRN OIL (unless otherwise indicated).

# FIRMING TOUCH

### **ON FINISHING**

Stimulating and increasingly firm strokes which, at the end of the treatment, oxygenate and tone muscles enhancing the aesthetic results.



# **RELAXING TOUCH**

# **BIOAROMA Relaxing EQL**

Application points: along the spine, buttocks, femoral biceps, calf muscle

### Head of the table

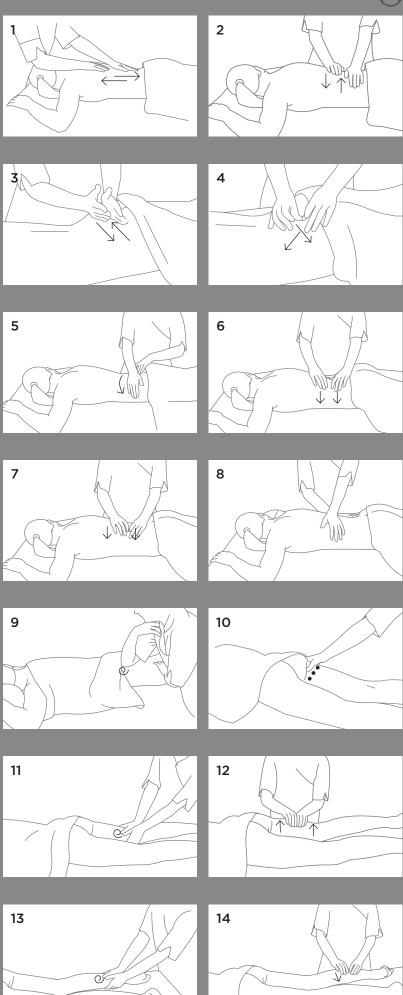
 Heating frictions with two hands along paravertebral grooves

# Side of the table

- **2.** Heating frictions with two hands perpendicular to the spine and on trapezius muscle
- **3.** Heating of sacrum using hands horders
- **4.** Crisscross roulage on sacrum
- **5.** Alternated friction along the posterior part of iliac crest
- **6.** Roulage from lumbar area and backwards
- **7.** Short roulage along paravertebral grooves and backwards
- 8. Crisscross strokes on the whole back

Repeat the movements on the other side starting from point 2.

- **9.** Circular stimulation on central point of gluteus muscle with
- **10.** Stimulation on many points along gluteus line using thumb
- **11.** Circular frictions with thumbs along internal and external line of femoral biceps
- **12.** Perpendicular decontraction to femoral biceps with fingertips
- **13.** Circular frictions with thumbs on calf muscle
- **14.** Perpendicular roulage to calf muscle with two hands





# **DRAINING TOUCH**

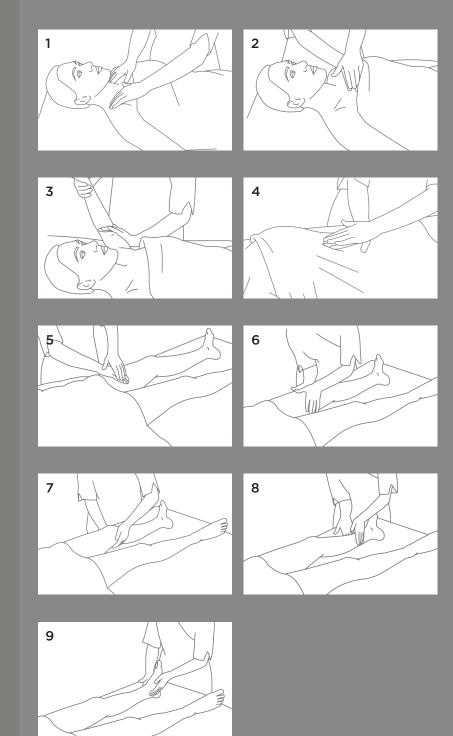
# **BIOAROMA ENERGY DRN**

Supine position

Application points: lymph node stations (terminus, armpit, solar plexus, groin area, popliteal cavity, ankle bones)

- **1.** Pompage on terminus (in front of the client)
- 2. Pompage with full hand or pectoral muscle towards the armpit
- **3.** Pompage on triceps towards armpit with one hand
- **4.** Pompage on solar plexus (in front of the client)
- 5. Pompage on the groin area
- 6. Pompage on quadriceps
- 7. Pompage popliteal cavity
- 8. Pompage calf muscle
- 9. Pompage ankle bones

Repeat the movements-sequence starting from point 2 on the opposite side



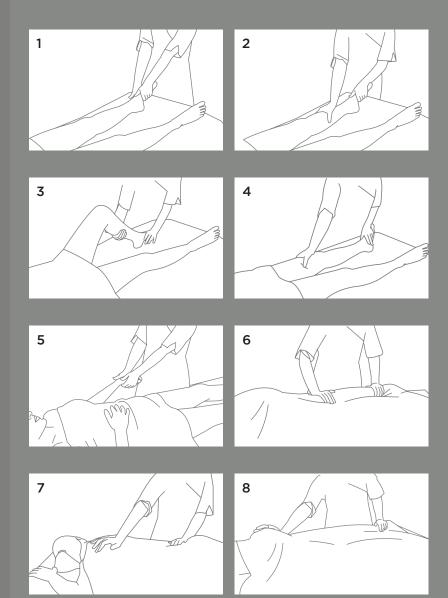


# FIRMING TOUCH

Without essential oil

### Prone position

- **1.** Starting from foot perform some pinching movements
- 2. Carry on with the movement along tibial crest
- 3. Along calf muscle (flexed leg)
- 4. On quadriceps
- 5. Repeat on the other leg
- **6.** Starting from the hand perform some pinching movement along the whole arm and repeat the sequence on the other side
- Cover with a towel and perform some pressure with full hand on the whole body
- 8. Back stretching
- 9. Legs stretching





# Body Concept Home Care Products

# RITUAL

The RITUAL products are the starting point for Bioline-Jatò home care beauty treatments for the body and an opportunity to take a well-earned break for some daily relaxation and pampering.

The rituals start with exfoliation which brightens the skin, followed by a pleasant revitalising cleanse, and finished off with hydration and the nourishment that preserves the hydro-lipid balance in skin.

# Exfoliating and Cleansing THALASSO FORCE

SCRUB

sea salt, sweet almond oil, seaweed extracts  $650 \ g - 22.9 \ oz \ US$ 

An original two-phase formula that combines an exfoliating, regenerating and stimulating action in a single treatment, to smooth, moisturize and revitalize the skin.

# **EXFODUO**

**GOMMAGE** 

black and pink sand from Polynesia, papaya extract, green coffee extract

250 ml - 8,4 fl. oz US

A gommage with a creamy texture that concentrates the effectiveness of two types of complementary exfoliators - enzymatic and mechanical - for a perfectly renewed skin.

# VITALITY

SHOWER GEL

marine trace elements, goji berries, polynesian lagoon water, cell-reverse seaweed

250 ml - 8,4 fl. oz US

A gentle shower gel that cleanses and revitalizes the skin, preserving its natural protective defenses. A fulfilling shower experience to reawaken your senses and recharge your body with renewed wellbeing.

# Moisturizing, Leg Wellness and Nourishing HYDRASOURCE

**BODY LOTION** 

aloe extract, white lily extract, whole grain rice milk, pro-elasticity complex  $\,$ 

250 ml - 8,4 fl. oz US

The formula with a melting texture is pleasant to apply and gently fragranced. It intensely nourishes and quenches the skin, keeping it supple, bright and delightfully soft.

### **CRYOACTIVE**

LIGHT LEGS GEL

menthol, troxerutin, blueberry

200 ml - 6,7 fl. oz. US

Fast-absorbing relief gel with an "ice" effect. Energizes and revives swollen, tired and weary legs, promoting an intense and prolonged sensation of freshness and lightness and donating instant moisture.

# **SILKY TOUCH**

HAND CREAM

brightening complex, pomegranate extract, evening primrose oil

50 ml - 1.6 fl. oz. US

Fast-absorbing hand cream with a sensory texture. Ultra-moisturizing treatment that protects the skin from external stresses, helps to reduce the visibility of signs of aging and reduces the appearance of dark spots.



# Body Concept Home Care Products

# **PRIME**

The PRIME category covers the more specific products in the BODY CONCEPT home care range to give a remodeled and firmer look.

It consists of two intensive formulations, which day and night target the imperfections caused by cellulite and water retention, a formula specifically aimed at blemishes caused by localised fat deposits and three elements which make mature, sagging skin look more elastic and firmer.



# Blemishes caused by Cellulite and Adiposity REDUCELL

ACTIVE CREAM

caffeine, escin phytosome, sweet almond oil, cell-reverse seaweed

250 ml - 8,4 fl. oz. US

A gel cream that combines the most effective functional substances in a single treatment to reduce the appearance of cellulite and to give the skin softness and elasticity.

### **PRO-SLIM**

SALINE CREAM

sea salt, nocturslim, seaweed extracts

250 ml - 8,4 fl. oz. US

An intensive treatment-cream, with high salt concentration, formulated to take advantage of the skin's nightly biorhythms and to reduce the appearance of skin imperfections caused by cellulite and localized adiposity.

### **LIPOACTIVE**

THERMO CREAM

guarana extract, bitter orange extract, ivy extract, liporeducer complex

250 ml - 8,4 fl. oz. US

Enhanced formula with thermogenic effect providing a visible action on abdomen, thighs and buttocks. It promotes tissue elasticity and reduces the appearance of body blemishes.

# **ACTIVE PATCH**

CRITICAL AREAS / CONSTANT DIFFUSION

caffeine, ginger, horse chestnut

28 Patches

Patch-treatment with a shock action. It reduces the visibility of the blemishes caused by cellulite and localized adiposity for a better looking silhouette.

# Loose and Aged Skin SKIN TONE

**ELASTICIZING CREAM** 

plant collagen, NMF, sweet almond oil, pro-elasticity complex 250 ml -  $8.4~\mathrm{fl}$ . oz. US

Dermo-restoring breast and body treatment formulated to reduce the appearance of loose skin and stretch marks. It promotes skin elasticity and hydration.

# **PHYTOVITAMIN**

DRY OIL

vitamins A and E, roucou oil, jojoba oil

150 ml - 5 fl. oz. US

A combination of high-quality plant oils in a fast-absorbing and smooth-gliding texture. Its non-greasy formula nourishes the skin, giving it softness and radiance.

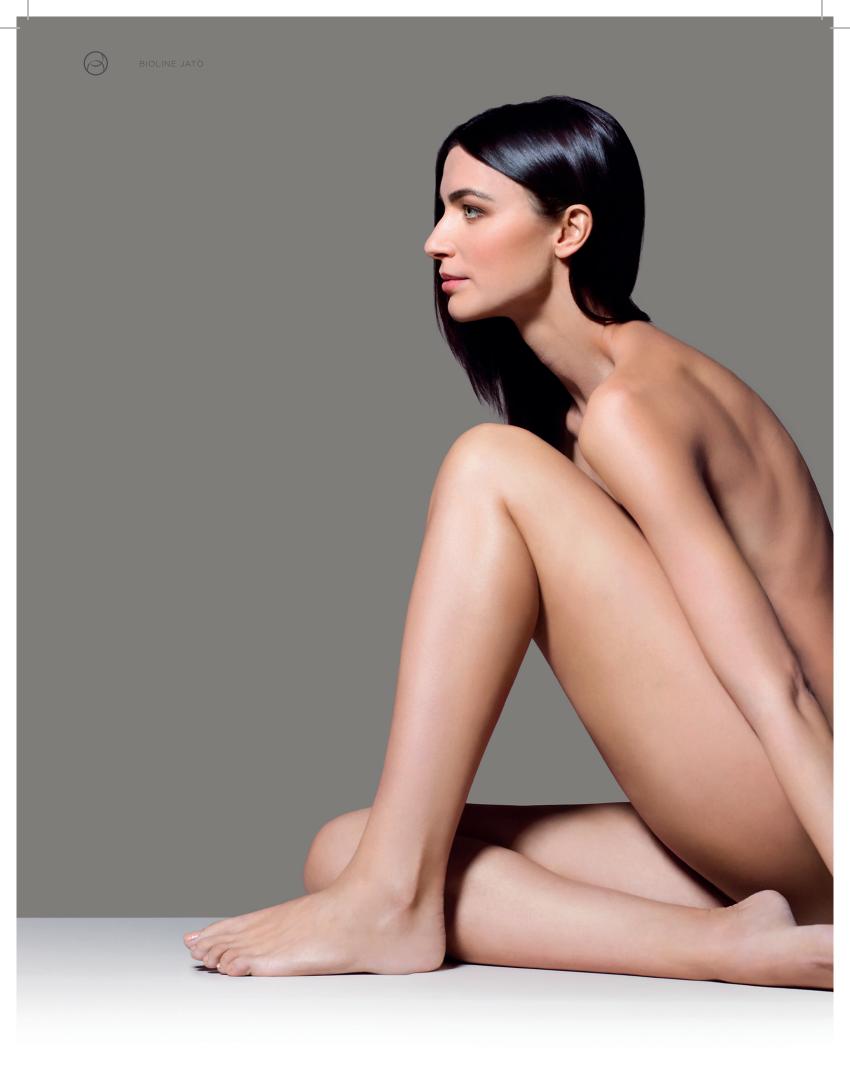
# **NUTRISENSE**

WELLNESS CREAM

rice extract, shea butter, smithsonite extract

250 ml - 8,4 fl. oz. US

An exclusive formula with an ultra rich and melting texture that gives the skin hydration and intense nourishment, and helps minimizing the appearance of signs of aging.





# Warnings

These cosmetic products are for professional use and it is therefore important to follow the above instructions carefully.

The beautician is required to inform the consumer about the information contained in the precautions and warnings.

Check the ingredient list for any intolerances or allergies before use.

For particularly sensitive individuals a tolerance test is recommended, by applying the product to the forearm and sealing with a patch for 24 hours. Be careful when performing the treatment on individuals who are pregnant.

After application, close the packaging carefully and store at room temperature in a dry place, away from light and heat sources.

Avoid mixing with different substances or products which are not included in the specific instructions. For external use only.

Avoid contact with eyes, mucous membranes and skin that is broken, irritated or affected by pathologies.

In case of contact with eyes, rinse thoroughly in running water.

No danger under normal conditions of use.

To consolidate and to progressively improve the results achieved, it is essential to undergo treatment

for home use recommended by the aesthetician

THE NATURAL INGREDIENTS IN THE FORMULATIONS MAY CAUSE SLIGHT VARIATIONS IN COLOR, ODOR AND/OR VISCOSITY IN THE PRODUCTS, WHICH DO NOT AFFECT THEIR AESTHETIC FUNCTIONALITY.

PARABEN FREE.



BIOLINE SRL MADE IN ITALY Viale Bolognini 78 38122 Trento Italy +39 0461 933209 bioline@bioline-jato.com www.bioline-jato.com







